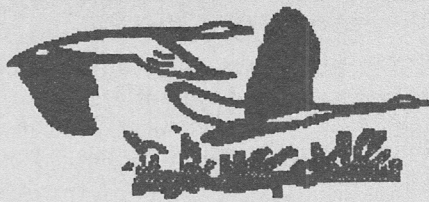


# The Langford Life



The Newsletter of  
Langford Village Community Association  
Issue 11 - April 1997

## LANGFORD VILLAGE COMMUNITY ASSOCIATION ANNUAL GENERAL MEETING

Langford Village Community Association will hold their Annual General Meeting in the Community Centre, 8, Nightingale Place on Friday 6th June 1997 at 8.00 pm followed by a Wine and Cheese Party.

The purpose of the meeting is to present the annual accounts and to elect new Officers of the Association. The following positions are declared vacant and are up for election; -

Chair of the LVCA  
Vice Chair of the LVCA  
Treasurer

Chair for each of the following Committees:-

Environment  
Fund Raising

These positions are open to all residents of Langford Village and volunteers are most welcome. These are Public appointments and are therefore subject to public vote. You can nominate yourself but require a proposer and a seconder. All nominations to the Secretary Mrs Val Say, 98 Kingfisher Way by Friday the 30th May 1997. Mrs Say will provide details of the tasks for each appointment on request (Tel. 320163).

We also require volunteers to be Road Representatives who can act as co-ordinators for local news and events.

All the above appointments are voluntary and form the heart of our community's effort at creating a vibrant and lively community spirit.

## THE LAKE

It was reported at the last LVCA meeting that damage and vandalism was an on going problem down by the lake. It would be much appreciated if the residents of AVOCET WAY whose houses overlook the lake could keep an eye open for anyone seen causing damage to plants, equipment and shrubs, and to call the Police as and when it occurs. Thames Water are the authority responsible for replacing the barriers by the lakeside; we will keep nagging until they are done!!  
Val Say

## MERGANSER PLAY AREA

Four designs have been returned from tender and forwarded to Bicester Town Council for them to consider. One plan seemed particularly suitable to take into account the concerns of the Merganser Drive residents whose houses back onto the play area. We shall be seeing the plan later this month to give it our consideration and final approval will be given at a full Bicester Town Council meeting in Mid-May. The area can then go ahead and hopefully be in operation sooner rather than later. The planting of shrubs and landscaping may have to wait for a more suitable time of year, so continue to watch this space.  
Val Say

## Self Defence & Fitness Classes Thursdays At Langford Village Hall First Class Free

### **Mini Rangers (3-6 years) @ 4.00pm**

An exercise and coordination class with the emphasis on "Fun and Fitness". The skills learned provide a solid basis for all athletic sports.

### **Karate (7-15 years) @ 4.45pm**

Teaching UKA "Wado-Ryu" emphasising speed, evasion and explosive counter attack - particularly suitable for competition.

To find out more speak to our qualified Instructor  
**Paul Wood on 01865 374523**

## NEW AIKIDO CLUB

We are hoping to start a new Aikido Club at the Langford Village Community Hall starting Friday May 9th from 8 pm - 9.30 pm and then every Friday.

Aikido is one of the most subtle and sophisticated of the martial arts, it has also been called the gentle martial art. It is suitable for men, women and children of all ages.

Aikido is more than an art of self defence, into it are woven elements of philosophy, psychology and dynamics. As one learns the techniques of Aikido he/she will at the same time train the mind, improve health and develop self confidence.

During practice sessions partners work out in harmony with each other, learning how and when to yield, and how to lead and guide another persons movements. Thus learning how to down an opponent through non-aggressive techniques.

(You may have seen Aikido in videos: Steven Seagal, star of Nico, Hard to Kill and Under Siege, is a Master of Aikido)

For more details please contact Martyn Tyas on Bicester 369203.



## FUN DAY MAY 4TH

The annual Langford Village Fun Day will take place on Sunday May 4th.

**FETE** - there will be a fete outside the Community centre and shops between 2.00 pm and 4.30 pm with stalls run by the various hall user groups, dancing displays and a children's fancy dress competition - the theme of this will be your favourite Disney character, there will be prizes for first and second in each age group: Under 5's, 5 - 7, 8 - 11. Judging will take place between 2.15 pm and 2.30 pm.

In addition there will be a bouncy castle, ball pond, wet sponge throwing, children's rides and other activities.

Teas will be available in the hall.

**FUN RUN** - As is usual there will be a fun run around the village for the more energetic with 2 separate races, for adults, and for young people between 11 and 17, there will be prizes for the best lady and gent in each race. There will be a small entry fee of £1.00 per head which will be donated to charitable causes. The young people's race will commence at 2.40 pm, the adults race at 2.50 pm.

In addition, there will be a Junior fun run around the school playing field for children aged between 5 and 11 commencing at 2.45 pm (after the fancy dress) and finishing at 3.45 pm. Sponsorship forms for the number of laps completed will be issued via the school.

**BARN DANCE** - in the evening there will be a family Barn Dance with **OLD MOLE** in the Community Hall starting at 7.00 pm finishing at 11.30 pm, with a licensed bar.

For early arrivals, alcoholic drinks will be at **half price between 7.00 pm and 8.00 pm.**

Barbecued food will be available and there will be a raffle during the evening. Tickets will be available in advance - at £3.50 for adults, £1.50 for children (under 18), £8.00 family ticket (2 adults, 2 children) - contacts Tony Brown on 322563, Alan and Diane Lavender on 242731, Val Say on 320163. On the door - £4.00 adult, £2.00 children (under 18), £10.. family ticket.

We look forward to seeing you, if you would like to volunteer to help out on the day, please contact **Tony Brown on 322563**

## CHEQUERS COOKERY CORNER

This edition's recipe is designed to make use of the fondue set that every household seems to have nowadays, whether as a wedding present or even a raffle prize!

### CHEESE FONDUE (4 portions)

1 Clove Garlic  
1½ cups dry white wine  
1 teaspoon Lemon Juice  
1 tablespoon cornflour  
3 tablespoons Kirsch Liqueur  
10oz Gruyere Cheese  
10oz Emmenthal Cheese  
Grated Nutmeg to taste  
French Bread.

- 1) Crush garlic, place in Fondue Bowl with wine and Lemon juice, heat carefully,.
- 2) Add grated cheeses carefully, stirring continuously
- 3) When mixture is bubbling, thicken with cornflour and kirsch mixed together.
- 4) NOTE! Water can be used instead.
- 5) Season with pepper and nutmeg.
- 6) Place on burner in centre of table and serve with chunks of French bread.
- 7) As a variation to the bread, a selection of vegetables can be served, or hot new potatoes or even frankfurter sausages.

### COOKERY TIP

Rhubarb is at its best at the moment, so try placing some prepared pieces in a suitable dish, barely cover with orange juice and a little sugar to taste if required and microwave carefully until Rhubarb is cooked but not mushy. It can be served hot or cold.

## 200 CLUB -UPDATE

The draws take place on the second Tuesday of the month. The following are the winning numbers

January	1st Prize	Number 68	£28.50
	2nd Prize	Number 93	£9.50
February	1st Prize	Number 38	£30.75
	2nd Prize	Number 11	£10.25
March	1st Prize	Number 62	£31.13
	2nd Prize	Number 22	£10.37

New members are always welcome. The cost is £1 per number, per month payable by cash, cheque or standing order for a minimum of 6 months.

Applications for membership are available from the School Office or by contacting Laura and Ian House at 115 Merganser Drive - Tel 248434

Langford Life is published at least quarterly by the Langford Village Community Association (LVCA) and circulated free to its members.

LVCA exists to promote a community spirit and to improve the facilities and environment in Langford Village.

Membership of the Association is open to all residents of Langford Village. Membership Fees are set at the discretion of the LVCA General Committee (to date £1 per year for adults).

The opinions of contributors are not necessarily those of the Association.

**Editor (This Issue):** Linda Lawrence of 2 Pipits Croft, Langford Village, Bicester, Tel: 01869 241361

**Deadline** for the inclusion of articles in the next issue: 1 July 1997.



## LETTERS

### DOGS FOULING

Having recently moved to Langford Village and taken the opportunity of exercising my dogs along the pathways that run through the different estates in the village, my first impression was "this is great". There are so many areas to walk and a nice place to exercise dogs, **BUT!** Glancing around I was disgusted see dog excreta left decaying on grass areas. Owning two dogs myself I am disheartened to think that owners of dogs do not care about their dogs, not only in the freedom we all have in walking our dogs, but, of the many diseases that can result in leaving dog excreta. **All dogs** investigate excreta, old and new. Owners that are not responsible for cleaning up after their dog, leave the possibility of all dogs picking up a nasty bug or two. ***Do you care about your dog?*** I do ! If all dog owners carry some form of "poop scoop", ( a plastic bag in your pocket), and clean up after our dogs we will promote a healthier environment and give the anti dog element of society less ammunition. Actively promote responsible dog ownership and make Langford Village a clean village for everyone and everydog.

The new dog fouling Act being processed will give the Councils the right to designate any area, where if a dog owner does not clean up after their dog, they can be prosecuted and fined up to £1000.00

Written by

A concerned dog owner and Secretary of -  
The Bicester & District Dog Training Club.

### DUMPED LEAFLETS

Mrs Say kindly gave me a copy of the last issue which mentioned our "dumped" leaflets.

I had in fact already been told about this, and was very annoyed. Firstly because the Oxford Mail Group had been paid to deliver them, and secondly because I detest litter as well.

When I was told, it was immediately reported to the Company. I had back a report which said a supervisor had inspected the area, could only find "a few" leaflets, and would arrange to have those cleared up. I assumed that I had been told the truth. If these have not been cleared up or if ever anything else is dumped with the name of my shop on it, please tell me. I will personally clear it up.

Thanks for allowing me to reply.

Bill Shepard  
Cole's Bookstore.

### ARE YOU A MOTHER UNDER 35 YEARS?

A Langford couple are desperately seeking a kind hearted lady who would be willing to donate eggs for IVF treatment at the John Radcliffe Hospital. Time is running out for them. Can you help? If you are under 35 and interested please phone the John Radcliffe Hospital for more information on 01865 221900 quoting **REF 7870**

(Ed. It would be extremely unlikely for your eggs to be used for the Langford Couple but by registering you would enable them to join the programme.)

## CALLING ALL LADIES

### LANGFORD VILLAGE W.I.

The first formation meeting was on Wednesday April 2nd at 1.30 pm where W.I. market activities, with the help of a mini-selling market were described. A video of Denman College, where hundreds of courses are available to members, was also shown.

Next Meeting: Wednesday, May 7th from 1.30 pm. in the Community Hall. Room for you all. -We'll be pleased to see you. Just come along and enjoy the Craft demonstration.

For more information contact  
Barbara on 01865 842 434  
or Pat on 01865 880421.

### REFLEXOLOGY

An ancient technique which may help many disorders (esp stress related).

Ladies: Phone  
Carol (ITEC MIPTI)  
on 0585 471242  
Mon to Fri --5 pm to 7 pm  
Sat & Sun 11 am to 5 pm

### CONGRATULATIONS and THANKS

Ellie gave birth to a bouncing baby girl on March 25th.

Our congratulation go to Ellie, her husband Simon and son Alister.

The LVCA committee would also like to thank Ellie for the conscientious way she has worked on the newsletter over the last 3 years. Many of our functions would not have been the success they have been without the newsletter.

Thank you Ellie.

### MESSAGE FROM THE EDITOR

Unfortunately due to personal circumstance Rebecca Taylor has not been able to take over from Ellie as the editor of our newsletter. Under duress, I volunteered (You can let go of my arm now Val) to do this one issue. I hope that I have managed to include all the articles that have been written. Our new editor for the next issue and hopefully for many more will be Jay Colden of 99, Heron Drive. Please give Jay all the support that you have given Ellie in the past. Jay has worked in publishing so she should feel at home editing the newsletter. Please keep your news and views coming. Perhaps we can start a regular letters page.



Being a resident in Langford Village means you are living within the parish of Ambrosden. You may not realise but there are two very important services available within your parish. Services available to you without your paying for parking or queuing.

- All post office services including car taxes and foreign currency.
- Camelot main line lottery and scratch cards.

Call in today to the friendly family run business

**Ambrosden Post Office**

*Merton Road*

*Ambrosden*

**Tel 01869 252128**

Here to make life a little easier!



**THE NATIONAL  
LOTTERY™**

**Newsagents**

*Off licence*

*Nashes Bread*

*Video Hire*

6a.m.-6p.m. Monday to Thursday ♦ 6a.m.-8p.m Friday to Saturday ♦ 6.30a.m. -2.30p.m. Sunday

NOW  
OPEN  
MONDAYS

# UNDER NEW OWNERSHIP A CERTAIN STYLE UNISEX HAIRDRESSING SALON

NOW  
OPEN  
MONDAYS

MERTON ROAD AMBROSDEN  
TEL 01869 241866

## PRICE LIST

### WOMANS

DRY CUT 5.00  
WET CUT 6.00  
WASH/CUY/BLOWDRY 10.00  
BLOWDRY 6.10  
PERMS FROM 29.50  
HIGHLIGHTS 23.50  
TINTING 21.00  
SEMI PERMANENT TINTS 12.50  
SHAMPOO&SET 5.30

### EXTRAS

CONDITIONER 75P  
MOUSSE 70P  
SETTING LOTION 70P

### MENS

DRY TRIM 4.50  
WET CUT 5.50  
CUT/BLOWDRY 7.00

## OPEN TIMES

MON 9AM-4.30PM  
TUE 9AM-5.30PM  
WED 9AM-5.30PM  
THUR 9AM-4.30PM  
FRI 9AM-7PM  
SAT 8.30AM-4.30PM

**ONE POUND OFF WITH  
THIS VOUCHER**

**SPECIAL OFFER MARCH-APRIL HIGHLIGHT/  
TINT/PERM INC CUT& BLOWDRY.....25.00**