



**Attendees:** Mike Oke, Bob Rudge, Jean Coker, John Broad, Rich Ponsford, Andrew Smith, Carol Hetherington, Richard Kingshott

## 1. Welcome and Introductions

Mike opened the meeting. He also welcomed Rosie Rowe, Dale Hoyland (both CDC) and Elizabeth Taylor (lay minister at St Edburg's) representing the Bicester Healthy New Town Programme

## 2. Apologies

Cllr Nick Cotter, Matt Phillips, Steve Clack, Rob Swan, Ted Kingston

## 3. Bicester Healthy New Town Programme

Rosie Rowe (Programme Director) gave an introduction and outline of the Bicester Healthy New Town Programme. Bicester was 1 of 10 Healthy New Towns and had been selected from 114 applicants. It was an NHS England initiative targeting areas of rapidly growing population (but no new extra funding).

Aims are to enable people who live or work in Bicester to live healthier lives and to prevent ill health in the future. The two key priorities for the programme are: a) to increase the number of children and adults who are physically active and a healthy weight and b) to reduce the number of people who feel socially isolated or lonely in order to improve their mental wellbeing. The focus was on prevention.

The Programme has three key work streams:

1. The Built Environment: making best use of Bicester's built environment to encourage healthy living.
2. Community Activation: helping local people to live healthier lives with the support of community associations, schools, and employers.
3. New Models of Care: delivering new approaches to care

### Key Work Stream Objectives

#### 1. Built Environment:

1. Going for Green -to maximise the use of Bicester's green and public spaces for healthy living
2. To create a 'walkable and cycleable community' with a comprehensive walking and cycling network
3. To develop planning policies that support the creation of a healthy environment

#### 2. Community Activation

4. To build better connected communities through collaboration across the voluntary sector and the creation of a network of volunteer community activators
5. To support schools, nurseries, colleges and families to get young people more active and eating healthily in order to increase their physical and mental wellbeing
6. To encourage local workplaces to promote health and wellbeing at work



### 3. New Models of Care: Creating care closer to home

7. To create a 'primary care home' with integrated community health and social care supporting GP clusters to care for people with complex care needs
8. To deliver new care pathways for long term conditions which minimise hospital based outpatient care (focusing first on diabetes)
9. To plan to meet future care needs through the provision of primary and community care from health campuses

The programme wants to work with Local Residents Associations to seek their views and understand:

- What helps you and what gets in the way of using local green spaces?
- How we can encourage everyone to be more active and to eat more healthily?
- What can we do locally to encourage people to be friendly and look out for their neighbours?

Feedback: John said there was a lack of a holistic overview generally. The challenge as always was to get infrastructure put in at the beginning; it was much tougher to do so later when people are there.

Inclusion was a challenge and there was a feeling that lonely people at home were being missed. Elizabeth mentioned some initiatives. Transport had been provided from care homes to activities but it was the same faces coming each time - there were probably others who would benefit.

Lack of a 24/7 walking/cycling route between the new Park&Ride and Bicester Avenue, Kingsmere, new Tesco /Bicester Business Park development and Bicester Village station, Talisman Business Park and Langford is also an issue. There is a route through Bicester Village, but it is gated - it is not clear if it is a right of way or always available. The alternative is a longer walk via the town centre. Then there is also the London Road level crossing which may also present a barrier to some.

Other initiatives could include working with neighbourhood watch, or mini lunches? Also free bicycle bells - whilst cycling is to be encouraged, some cyclists could do with a bell to warn pedestrians when making use of the shared use facilities!

In March there will be a survey to collect local information about people's health and wellbeing – LVCA was asked to encourage local residents to complete it.

Official Launch of the Healthy New Town Programme will be on 13 May 2017 - please encourage local residents to walk/cycle into the town centre and take part in a range of free activities to mark the event.

Dale Hoyland spoke about the provision of safe walking/running routes close to all homes and marking them to encourage exercise, participation, and tackle obesity and social isolation. Routes will, where possible, pass through green-spaces to increase awareness of their locations, provide variety within the route for participants, and be 5km in length. These will be marked out by a simple painted line with km markers so they are easy to follow: there is no need to read a map and you will not be able to get lost. People will be able to join the route at any point and follow it for as long as they want.



LVCA's support in planning a local 5km walk/run route was requested.

Feedback was generally positive. It was noted that some of the route is not surfaced (also not lit). As a result it gets very muddy. This was also a potential barrier to use. The bridge over the Langford Brook in particular can often be quite slippery, and not just in frosty/icy conditions. Also some of the route involved doubling back which was not ideal.

Promotion of activity including the use of the 5k routes will take place starting in May 2017, when the healthy new town initiative will be launched to the public in Bicester. Promotion would be through local organisations such as clubs and groups, sports centres, schools and GPs, information in public locations such as the library and Town Council offices and press releases and web sites.

Rosie Rowe, Dale Hoyland, Elizabeth left the meeting following this item.

#### **4. Approval of January Minutes and Actions**

The minutes from January 2017 were agreed. Proposed Jean, seconded John and signed by Mike.

#### **5. Treasurer's Update**

Bank Balances at 31-01-2017 were as follows:

Account	No. 1	No. 2	No. 4	No. 5	No. 6	Total
Jan-17	1,785.50	5,628.69	0.00	23,663.84	0.00	31,078.03

#### **Balances**

Total overall balance at the end of January was £31,078.03. Again the only activity was on the hall account where the final balance was £5,446.69. Significant outgoings were the PRS licence (£272.95) and the annual servicing of the gas boiler (£173.38).

On the plus side, a further refund from Southern Electric of £306.97 was received following the submission of the January meter reading. One regular user invoice was outstanding but the money (and an apology) were received 2 days later.

#### **PRS Licence**

Following the discussion at the January meeting, Matt had found some old paperwork. This seemed to indicate that we may be being overcharged. The PRS were contacted again and have confirmed: a) that we do have (and do need) a combined licence; b) that the cost is correct.

#### **Thames Water**

We have been advised that in April, following the deregulation of the industry, Thames Water will be transferring all of their business customers to Castle Water. We are assured that everything will be seamlessly transferred to the new Company but to date have had no had further contact.

#### **Ballet**

With effect from this week the Friday ballet classes will extend their session for another 30 minutes, until 9.30pm.



## **Year End**

We are approaching our year end for the accounts. If anyone has any unclaimed expenses would they please let Jean have them, with receipts, by the next Committee meeting?

## **Terms & Conditions**

Both the Terms of Payment and the full Terms & Conditions for use of the hall have now been updated and agreed with Mike and Matt. A copy of both will be sent to all regular users (for information purposes). Jayne will also issue the new guidelines to all casual hirers.

Mike thanked Jean and Matt for looking into everything.

## **6. Defibrillator**

An external power supply would be required to provide better lighting for the defibrillator. Potentially also to prevent freezing. Agreed to liaise with the building owner CDC

## **7. Langford Life**

The Spring 2017 Issue 71 was ready to go to press later this week. There was an opportunity for an additional advertisement to be included in the magazine, if it could be finalised in the next 24-48hrs.

## **8. Highways and Development**

**Wretchwick Green:** Development was due to begin soon.

**London Road level crossing:** Nothing new to report.

**Rodney House roundabout:** Nothing new to report.

**Gavray Drive:** Following a meeting, Network Rail and the highways authority had agreed that problems with the road surface predated construction of the new Bicester South West Chord railway in 2014-15. So Network Rail would not be held responsible for the repairs.

**Mallards Way:** Inconsiderate parking (by a combination of rail users and employees working on Talisman Business Park) has been a problem for some time. The consultation regarding double yellow lines and parking restrictions had been extended but a decision was not now expected before May. Some physical barriers e.g. bollards, railings/birds beak fencing on the grassed areas was felt necessary as double yellow lines alone were felt unlikely to be effective. A concern was that it would push the problem further into the estate.

Cllr Dan Sames had provided an update. The area within 2m of the road is owned by OCC; however whilst the council would be amenable, OCC has no budget to fund birds beak fencing or similar. In the meantime, the grassed area is getting churned up and damaged by vehicles, some of which have also become stuck in increasing areas of mud.

## **9. Review of Initiatives**

**New Chairs:** 120 chairs would cost £1850 (including VAT) and are supplied in stacks of 8. The committee discussed whether to get 40, 80 or 120 chairs. It was agreed to purchase 80 blue chairs (it was agreed to have a different colour to the black chairs used by the school).



**FLTR Coffee Shop:** Jeff Lothamer joined the meeting to explain about the coffee shop. It was being set up as a community social enterprise, essentially not-for-profit. Although not a charity itself, the company set up to run the coffee shop is owned by a charity (Journey Communities). He had received the keys at the weekend so fitting out could begin. A 30-day crowdfunding initiative had been launched to raise funds towards the £75k cost of fitting out and purchase of supplies etc.

**Hall Extension:** An area to store chairs etc. outside of the main hall would be needed. Carol agreed to take this forward. She would also liaise with CDC's John Slack and also speak about a possible hall extension.

See table at the end of these minutes for a summary.

#### **10. AOB**

After Jeff Lothamer had left the meeting, the committee discussed the possibility of making a donation to FLTR Coffee. The committee agreed to donate £1000.

#### **11. Date time and place of next Meeting**

*Monday 20 March 2017*

*8.15pm*

*Langford Village Hall*